# Your Guide to Understanding Genetic Conditions

# ARX gene

aristaless related homeobox

#### **Normal Function**

The *ARX* gene provides instructions for producing a protein that regulates the activity of other genes. On the basis of this action, the ARX protein is called a transcription factor. The *ARX* gene is part of a larger family of homeobox genes, which act during early embryonic development to control the formation of many body structures. Specifically, the ARX protein is believed to be involved in the development of the pancreas, testes, brain, and muscles used for movement (skeletal muscles).

In the pancreas, testes, and skeletal muscles, the ARX protein helps to regulate the process by which cells mature to carry out specific functions (differentiation). Within the developing brain, the ARX protein is involved with movement (migration) and communication of nerve cells (neurons). In particular, this protein regulates genes that play a role in the migration of specialized neurons (interneurons) to their proper location. Interneurons relay signals between other neurons.

# **Health Conditions Related to Genetic Changes**

# Partington syndrome

A few mutations in the *ARX* gene have been identified in people with Partington syndrome, a neurological disorder that causes intellectual disability and a group of movement problems called focal dystonia that primarily affects the hands. The normal ARX protein contains four regions where a protein building block (amino acid) called alanine is repeated multiple times. These stretches of alanines are known as polyalanine tracts. The most common mutation that causes Partington syndrome, a duplication of genetic material written as c.428\_451dup, adds extra alanines to the second polyalanine tract in the ARX protein. This type of mutation is called a polyalanine repeat expansion. The expansion likely impairs ARX protein function and may disrupt normal interneuron migration in the developing brain, leading to the intellectual disability and dystonia characteristic of Partington syndrome.

# X-linked infantile spasm syndrome

Mutations in the *ARX* gene can cause X-linked infantile spasm syndrome, a disorder characterized by recurrent seizures called infantile spasms that begin in the first year of life. Children with this condition also have intellectual disability. The most common *ARX* gene mutations that cause X-linked infantile spasm syndrome are polyalanine repeat expansions that add extra alanines to the first or second polyalanine tract in

the ARX protein. How these expansions lead to X-linked infantile spasms is unknown. Other *ARX* gene mutations that cause this condition are believed to reduce the function of the ARX protein. However, it is unclear how a decrease in ARX protein function leads to seizures and intellectual disability.

## X-linked lissencephaly with abnormal genitalia

At least 30 mutations in the *ARX* gene can cause X-linked lissencephaly with abnormal genitalia (XLAG). This condition is characterized by abnormal brain development that results in the brain having a smooth appearance (lissencephaly) instead of its normal folds and grooves. Males with XLAG also have abnormal genitalia. The *ARX* gene mutations that cause XLAG lead to the production of a nonfunctional ARX protein or to a complete absence of ARX protein. As a result, the ARX protein cannot perform its role regulating the activity of genes important for interneuron migration. In addition to impairing normal brain development, a lack of functional ARX protein disrupts cell differentiation in the testes, leading to the development of abnormal genitalia. It is thought that the disruption of ARX protein function in the pancreas plays a role in digestive issues, including chronic diarrhea, experienced by individuals with XLAG.

Females with an *ARX* gene mutation typically have less severe signs and symptoms than males. Affected females may have an absence of the tissue connecting the left and right halves of the brain (agenesis of the corpus callosum), some degree of intellectual disability, and recurrent seizures (epilepsy). Some females with an *ARX* gene mutation experience no symptoms.

#### other disorders

Different mutations in the *ARX* gene can cause a variety of conditions that impair brain function. Some *ARX* gene mutations result in intellectual disability without other neurological problems. Because the *ARX* gene is on the X chromosome, this condition is known as X-linked intellectual disability (XLID) or sometimes nonsyndromic X-linked intellectual disability. XLID can occur in combination with other neurological problems as part of distinct conditions called X-linked intellectual disability syndromes. *ARX* gene mutations account for 9.5 percent of all cases of XLID.

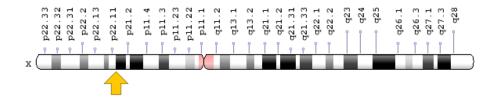
ARX gene mutations cause several X-linked intellectual disability syndromes, including X-linked lissencephaly with abnormal genitalia, X-linked infantile spasm syndrome, and Partington syndrome (described above). Another is X-linked myoclonic epilepsy with intellectual disability and spasticity, which causes intellectual disability and epilepsy. ARX gene mutations also cause several syndromes that include structural brain malformations. These include Proud syndrome, which is characterized by agenesis of the corpus callosum as well as abnormal male genitalia, and hydranencephaly with abnormal genitalia, which results in a fluid-filled sac replacing most of the brain tissue (hydranencephaly) and abnormal male genitalia.

For unknown reasons, the same mutation can result in the development of different conditions in different people, even among individuals within the same family. It is not clear why mutations in the *ARX* gene cause this array of conditions; researchers suggest that other genetic and environmental factors that have not been identified are likely involved.

#### **Chromosomal Location**

Cytogenetic Location: Xp21.3, which is the short (p) arm of the X chromosome at position 21.3

Molecular Location: base pairs 25,003,694 to 25,015,948 on the X chromosome (Homo sapiens Annotation Release 108, GRCh38.p7) (NCBI)



Credit: Genome Decoration Page/NCBI

#### Other Names for This Gene

- aristaless-related homeobox, X-linked
- ARX\_HUMAN
- ISSX
- MRX29
- MRX32
- MRX33
- MRX36
- MRX38
- MRX43
- MRX54
- MRXS1
- PRTS

# **Additional Information & Resources**

#### **Educational Resources**

- Neuroscience (second edition, 2001): Early Brain Development https://www.ncbi.nlm.nih.gov/books/NBK11113/
- Neuroscience (second edition, 2001): Neuronal Migration https://www.ncbi.nlm.nih.gov/books/NBK10831/

#### Scientific Articles on PubMed

PubMed

https://www.ncbi.nlm.nih.gov/pubmed?term=%28%28ARX%5BTIAB%5D%29+OR+%28aristaless+related+homeobox%5BTIAB%5D%29%29+AND+%28%28Genes%5BMH%5D%29+OR+%28Genetic+Phenomena%5BMH%5D%29%29+AND+english%5Bla%5D+AND+human%5Bmh%5D+AND+%22last+1440+days%22%5Bdp%5D

#### **OMIM**

- ARISTALESS-RELATED HOMEOBOX, X-LINKED http://omim.org/entry/300382
- CORPUS CALLOSUM, AGENESIS OF, WITH ABNORMAL GENITALIA http://omim.org/entry/300004
- EPILEPTIC ENCEPHALOPATHY, EARLY INFANTILE, 1 http://omim.org/entry/308350
- MENTAL RETARDATION, X-LINKED, WITH OR WITHOUT SEIZURES, ARX-RELATED http://omim.org/entry/300419

#### Research Resources

- Atlas of Genetics and Cytogenetics in Oncology and Haematology http://atlasgeneticsoncology.org/Genes/GC\_ARX.html
- ClinVar https://www.ncbi.nlm.nih.gov/clinvar?term=ARX%5Bgene%5D
- HGNC Gene Family: PRD class homeoboxes and pseudogenes http://www.genenames.org/cgi-bin/genefamilies/set/521
- HGNC Gene Family: X-linked mental retardation http://www.genenames.org/cgi-bin/genefamilies/set/103
- HGNC Gene Symbol Report http://www.genenames.org/cgi-bin/gene\_symbol\_report?q=data/ hgnc\_data.php&hgnc\_id=18060

- NCBI Gene https://www.ncbi.nlm.nih.gov/gene/170302
- UniProt http://www.uniprot.org/uniprot/Q96QS3

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